

Karelian Borsch Soup

3-4 onions, chopped
2 medium potatoes, peeled and chopped
4 carrots, chopped
1/2 head cabbage, shredded
3 med beets, roasted and chopped
3 cloves garlic
2 large tomatoes, chopped
fresh parsley and dill
1 Tbsp salt
1 Tbsp brown sugar
3 cups water

The quantities for the above ingredients are flexible. Mix together and slow cook in a crock pot for 8 - 9 hours. Add 2 Tbsp lemon juice or vinegar for taste.

Serve with sour cream

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